

## REACHING THE AGE OF ADOLESCENCE (viii)

1. What is adolescence? What is puberty?
2. List main changes occur during puberty?
3. What is Adam's apple? What is main reason for this?
4. What are secondary sexual characters in humans?
5. What is hormone? What is exocrine and endocrine glands?
6. Give two examples of each in above question?
7. Where does pituitary gland locate? List main function of it?
8. Name main male and female sex hormones?
9. What is menstruation? Explain? What is menopause?
10. How is the sex of a baby determined?
11. Why is it necessary to take balance diet in this age?
12. What is thyroid? Name the disease occurring because of this? What is the main reason for these diseases?
13. Why do people suffer from diabetes?
14. Where do adrenal glands located in human? List its main function?
15. Name the hormone which is needed by frog to undergo Metamorphosis?
16. What are the various ways in which aids virus HIV can be transmitted?
17. What are pimples? How are they formed?
18. Why is iron mineral needed by our body? Name some source of the iron rich food?
19. Why is it more necessary for adolescent to take bath regularly?
20. What is menarche?